


National Federation of State High School Associations




2008-09  
Volleyball  
Rule Changes  
Major Editorial Changes  
Points of Emphasis

Take Part. Get Set For Life.™

NFHS REFeree

### Prematch Conference Rule 1-6-2



Prior to timed warm-ups, a conference shall be conducted with the head coach and captain(s) from each team. If a team has more than one captain, the co-captains may attend the prematch conference.

© REFEREE INTERNATIONAL, INC. 2008 Frame 1

NFHS REFeree

### Player Equipment and Uniform Rule 4



It is important for purposes of risk minimization that any individual actively taking part in team warm-ups be in proper attire and free from electronic devices such as cell phones and music devices.

Bare Feet    Flip Flops    Audio Headphones

© REFEREE INTERNATIONAL, INC. 2008 Frame 2

NFHS REFeree

### Player Equipment and Uniform Rule 4



It is equally important that all individuals in the warm-up area should be free from use of cell phones, personal music players, etc. Each state association will establish guidelines for nonplayer personnel being actively involved in warm-ups.

© REFEREE INTERNATIONAL, INC. 2008 Frame 3

NFHS REFeree

### Equipment Rule 4-1 Penalty 1



When a player is observed wearing jewelry in warm-ups, a referee shall notify the coach of the problem and the coach shall direct the player to remove the jewelry. There is no further penalty unless the player does not remove the jewelry.

© REFEREE INTERNATIONAL, INC. 2008 Frame 4

NFHS REFeree

### Libero Uniform in Contrasting Color Rules 4-2-1 through 4-2-4



It is essential that the libero's uniform top be in sharp contrasting color to the color(s) used in the uniform top of the libero's teammates.

© REFEREE INTERNATIONAL, INC. 2008 Frame 5

**Authorized Officials**  
Rule 5-1-1

More current terminology has been adopted for identifying the authorized officials responsible for administering the match. Referee is replaced with first referee (R1) and the umpire is replaced with second referee (R2).

© REFEREE INTERNATIONAL, INC. 2008 Frame 6

**Authorized Officials-Assistant Officials**  
Rule 5-1-1

The match is administered by the first referee and second referee along with the assistant officials, which include the scorer, libero tracker, timer and line judges. The libero tracker is not a new position but is merely a name change from assistant scorer. Libero tracker more clearly reflects responsibilities of the position.

© REFEREE INTERNATIONAL, INC. 2008 Frame 7

**Line Judges' Responsibilities**  
Rule 5-8-4

By state high school association adoption, line judges may use flags.

© REFEREE INTERNATIONAL, INC. 2008 Frame 8

**Officials Signals and Mechanics**

Proper execution of signals and mechanics are essential in communicating game decisions.

© REFEREE INTERNATIONAL, INC. 2008 Frame 9

**Line Judge Signals**  
Line Violation

Extend arm and point with index finger toward line where violation occurred.

The illustration in last year's rule book had retained the old mechanic of the signal while the description accurately described the proper mechanic.

© REFEREE INTERNATIONAL, INC. 2008 Frame 10

**Protocol for Blood/Body Fluids on Skin/Uniform**  
Rule 7-1-Penalty-Note, 4-2-1e

BLOOD ON UNIFORM

APPROPRIATE AREA

© REFEREE INTERNATIONAL, INC. 2008 Frame 11

### Communicable Disease and Skin Infection

MRSA is a relatively new problem in our communities. Basic hygienic principles help prevent the spread of those infectious diseases.

DISINFECTANT

© REFEREE INTERNATIONAL, INC. 2008 Frame 12

### Universal Hygiene Protocol for All Sports

- Shower immediately after all competition and practice
- Wash all workout clothes after practice
- Wash personal gear, such as knee pads, periodically
- Don't share towels or personal hygiene products with others
- Refrain from cosmetic shaving

© REFEREE INTERNATIONAL, INC. 2008

### Player Actions Rule 9-5-6a

DIVING ATTACK

LIBERO ATTACKS HIGH BALL

First referee must determine if the libero is attacking the ball when it is completely above the height of the net.

© REFEREE INTERNATIONAL, INC. 2008 Frame 13

### Libero Replacement Rule 10-4-1f

Replacements shall take place on a dead ball and be completed prior to the whistle and signal for serve. Replacement taking place after the whistle and signal for serve is illegal and results in illegal alignment.

© REFEREE INTERNATIONAL, INC. 2008 Frame 14

### Conduct Rule 12-2-7b

MechaniGram A: Non-playing team members may not stand behind the team bench/nonplayable area during the game.

MechaniGram B: A substitute(s) may warm-up without volleyballs in a nonplayable area prior to entry into the game.

© REFEREE INTERNATIONAL, INC. 2008 Frame 15

### Conduct Rule 12-2-7b

The libero and replacement may not take a position of continuous standing at the bench waiting to go in. The libero and replacement may warm-up as any player going into the game. Coaches and officials should work together to not have those players assume they must always be standing. Timing of when entering the game will impact returning to the bench.

© REFEREE INTERNATIONAL, INC. 2008 Frame 16

**Fan Conduct Rule 12** 



Misdirection of cheering by the fans to influence play does not let the fans see and enjoy the game and the athleticism of their own players.

© REFEREE INTERNATIONAL, INC. 2008 Frame 17

**Fan Conduct Rule 12** 



Cheering against the other team can cost the fans from cheering an outstanding play by their own team.

© REFEREE INTERNATIONAL, INC. 2008 Frame 18

**Fan Conduct-Not Actionable by Referees Rule 12** 




Referees and host management must work together to foster good sporting conduct. At times fan conduct is questionable and referees must decide if conduct should have no action even though it is on the "edge."

© REFEREE INTERNATIONAL, INC. 2008 Frame 19


**Fan Conduct-Actionable by Host Management/Referees Rule 12** 



When conduct by the fans begins to cross the line, host management should step in and halt the inappropriate conduct. There are times when fan conduct should not be replicated and must cease immediately by action of the referees and host management.

© REFEREE INTERNATIONAL, INC. 2008 Frame 20

National Federation of State High School Associations




2008-09 Volleyball Major Editorial Changes

Take Part. Get Set For Life.™


**Major Editorial Changes**

- Rule 1-2-3 – Improvement in wording that each team is entitled to a maximum of two time-outs per game
- Rule 4-1-Pen 1 – Clarifies the referee shall convey directions to players by way of the coach if directing player(s) to remove jewelry




### Major Editorial Changes

- Rule 5-4-3b(9) – Brought forward from the Officials Manual that the second referee shall check the lineup for each game from his/her lineup card. Once the lineup is verified the libero may now enter the court
  
- Rule 10-3-5 – Deletes language that the first referee has the sole determination if a player is unconscious or apparently unconscious. The procedure is covered elsewhere in the rules




### Major Editorial Changes

- Rule 11-4-2 – Updated language and procedure to handle situation when it is detected a player is bleeding or has any blood on uniform
  
- Line Judge Signals – Corrected illustration for line violation
  
- Official Signal #9 – Illegal Block/Screening – Changed “arms” to “hands” (Raise both hands to head height...)



National Federation of State  
High School Associations




## 2008-09 Volleyball

### Points of Emphasis

Take Part. Get Set For Life.™

### Risk Minimization During Warm-ups

- During a team warm-up period all personnel actively conducting the warm-up activities should be properly attired for the duties required.
- Special attention should be given to ensure that auxiliary personnel are wearing appropriate footwear for active participation and electronics such as music devices and cell phones are not being used.




### Illegal Libero Replacement Penalties

- An illegal libero replacement occurring before the whistle/signal for serve is an **unnecessary delay**.
- Once the referee whistles and signals for serve an illegal libero replacement is considered **illegal alignment** and a loss of rally/point is awarded to the opponent.
- If the illegal libero replacement is not detected until contact of the serve the penalty is also **illegal alignment**.




### Officials' Signals and Mechanics

- Proper execution of signals and mechanics by officials are essential in communicating game decisions.
- Signals are intended to clearly communicate violations and results.
- Signals should be precise and clearly visible.




### Officials' Signals and Mechanics

- Special attention should be given to reviewing signals such as the proper technique and hand placement for the line violation (signal #2) and ball lands in bounds (signal #13), as well as the situations in which ball touched (signal #10) and out-of-bounds (signal #14) should be used.




### Fan Behavior and Respect for the Game

- Good sporting conduct is an integral part of the interscholastic volleyball program.
- The rules of volleyball state that any type of cheering, yelling, or other actions which are done in a manner to disconcert, be derogatory or taunting toward the opposing team or a specific player is considered inappropriate.
- Cheering and other support should always be positive.
- Inappropriate behavior, if not addressed allows a loss of respect for the game and the players.



### Libero Uniform in Contrasting Color

- It is essential that the top is in sharp contrasting color to the color(s) used in the uniform top of the libero's teammates.
- If a style of uniform is being worn which has a pattern of colors it may be wise to consider a single contrasting color top for the libero.
- When using home and away uniforms, if the colors are similar (dark green for home and black for away) the libero top would not be legal.
- When purchasing uniforms the libero uniform requirements must be taken into consideration.



### Libero Uniform in Contrasting Color

Home



Front View      Back View

Away




Front View      Back View

If the libero wears the "Away" uniform top at a home match is it a legal libero uniform?



### NFHS Volleyball



- The rules book and case book can be ordered:
  - online at [www.nfhs.com](http://www.nfhs.com)
  - calling 1-800-776-3462

